



ALDA Boston – P.O. Box 600622 – Newtonville, MA 02460

Website: www.aldaboston.org

ALDAgram – September 2017

The best-laid plans of mice and men often go awry. Fortunately, Harvey, Irma, Jose, and Maria have spared us destruction. Last week, Cary Library in Lexington lost power due to a fire in a nearby manhole cover, but everything is up and running again, and we're sure to have an easier time at our October event. Jonathan O'Dell's presentation has been rescheduled to March 2018.



Upcoming ALDA Events

On **Saturday afternoon, October 28**, Historical Interpreter Pat Perry will be giving a presentation of witchcraft from the perspective of the accused and the accusers. Audience members may just find themselves accused of witchcraft and a trial may break out at any moment. Save the date now for a fantastic event.

Other Events of Interest

The Eastern Connecticut Chapter of HLAA will present Samuel Trychin, Ph.D., at the UConn campus in Storrs CT on **Saturday, October 21, 2017**. Dr. Trychin, a well-known psychologist who has dedicated his life to educating people who are hard of hearing and their families and friends, will present his "Living with Hearing Loss Program" at 10 AM. Coffee and pastry will be served. For more information, contact Randy A. Kirsch. HLAA Eastern CT Chapter, hlaaeasternctchapter@cox.net, <http://hlaaeasternctchapter.org> 860-659-8082

Walk for Hearing 2017



Look at the happy faces of some of our Team ALDA Boston leaders from 2015. Since ALDA Boston is an alliance member of the HLAA Walk for Hearing, we are entitled to collect and receive donations. To sign up for our team, go the New England Walk4Hearing at http://hlaa.convio.net/site/TR?fr_id=2434&pg=entry and search for ALDA Boston

The Walk should be a lot of fun even if you don't walk. In fact, you may find some of us at the Refreshment Stand handing out refreshments.



Museum of Fine Arts Accessible Guided Tours

The September tour of the Africa and Oceania Collection was superb. ALDA Boston treasurer Matt Ferrara and his wife Helen were on the tour, and here is Matt's report: "The tour started with the African collection of altarpieces and historic men's masks. Karen Moss, our excellent Tour Guide who made the morning a totally enjoyable as well as an educational experience, explained how the masks were made and their significance. Then we went to the Oceanic exhibit where Karen showed us the area involved, which included Indonesia, Australia and the South Pacific Islands. Karen detailed the various items explaining how they were made and their meaning over the last four centuries."

Taking advantage of the free pass that tour members receive on the day of the tour, Matt and Helen stayed after the tour to visit the American Painting exhibits.

The next tour on **Sunday, October 15**, is of the Contemporary Collection. Registration will open on Monday, September 25.

Accessible Theater



Boston Opera House

Fun House will be open captioned on **Saturday, October 21** at 2:00. The ASL Interpreted performance will be on **Saturday, October 28** at 2:00. The audio-described performances will be on **Sunday, October 22** at 1:00. For Accessibility information for the Boston Opera House, go to <https://www.bostonoperahouse.com/buying-tickets/accessibility.asp>

American Repertory Theater, Cambridge

WARHOLCAPOTE will be open captioned on Thursday, October 5 at 7:30 PM and Saturday, October 7 at 2:00 PM

New Repertory Theatre, Watertown

All performances in the main stage theater of the New Repertory Theatre in Watertown are looped.

Oleanna will be playing from October 14- November 5.

Man of La Mancha will be playing from December 1 – 24.

Trinity Repertory Company, Providence

Death of a Salesman will be open captioned on October 1 at 2:00

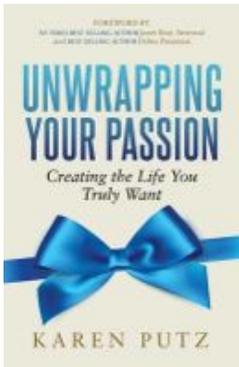
Skeleton Crew will be open captioned on October 8 at 2:00

A Christmas Carol will be open captioned on November 12, 2017 at 12:00 pm

News of Note

People with tinnitus may experience a worsening of the condition if they are being treated with selective-serotonin reuptake inhibitors, a common class of antidepressants. This is the conclusion of a new study recently published in the journal *Cell Reports*. Tinnitus is the intermittent or constant sensation of hearing sounds when no such sounds are present. Although tinnitus is often referred to as "ringing in the ears," people with the condition may experience a variety of sounds, including whistling, buzzing, and hissing. According to the American Tinnitus Association, more than 45 million people in the United States are affected by tinnitus. For around 2 million of these individuals, the condition is severe, and it can sometimes interfere with day-to-day activities. Previous studies have suggested that people with tinnitus are at increased risk of depression, compared with people without the condition. Some of these individuals may be treated with selective-serotonin reuptake inhibitors (SSRIs), which work by increasing brain levels of the mood hormone serotonin. The new study, however, suggests that such treatment may be a double-edged sword; while working to ease, symptoms of depression, SSRIs may actually be making the tinnitus worse. To read the full article, go to https://www.medicalnewstoday.com/articles/319077.php?utm_source=newsletter&utm_medium=email&utm_campaign=weekly-us

What are you reading?



What is the key of a happy life?

“Living it passionately,” says Karen Putz, author of *Unwrapping Your Passion*.

“My life changed dramatically when I began focusing on bringing passion and joy into my life,” she says. Karen, who was born with “normal” hearing, became hard-of-hearing after getting sick in elementary school and severely deaf at age 19 after a water skiing accident.

This post appeared on Hearing Like Me on August 17.



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